

# Adventure Packing List for Jamaica

## Clothing

- Bathing suit(s)
- Beach shoes (flip flops, Crocs, etc.)
- Sneakers or similar close-toed shoes
- Hiking boots (Optional and depends on your adventure)
- Cover-up for the ladies
- 5-6 pairs of beach shorts
- 1-2 pairs of cargo shorts
- 7-8 t-shirts
- 7-8 pairs of socks
- 7-8 sets of underwear/bras
- 2-3 nice summer outfits for onsite restaurants (read the resort's dress code)

## Toiletries & Personal Care

- Essential toiletries (resort has basic shower products and hair dryer)
- Toothpaste and brush
- Hair brush and ponytail holders
- Deodorant
- Razors and shave cream
- Special hair and skin products (depends on personal preference)
- Cologne or perfume
- Feminine products, as needed
- Medications (prescription or OTC)

## Beach & Adventure Essentials

- Insulated cup/bottle (If you want your drinks to stay cold while sitting on the beach)
- Personal beach towel (resorts provide towels on the beach, but they are not large towels)

## Electronics

- Personal electronics and chargers
- GoPro or similar video camera (Essential if you want to capture it for a lifetime)

## Documents & Money

- Up to \$500 USD for tips and purchases
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Passport

Driver License

Visa Paperwork, if needed